

# The Stress of Trials and What We Can Do to Help Each Other

January 27, 2022

**Chris Bottcher** (Birmingham) will participate in a panel discussion on “The Stress of Trials and What We Can Do to Help Each Other” during the Defense Research Institute (DRI) 2022 Trial Skills and Damages Seminar, hosted by DRI’s Litigation Skills Committee, taking place in Las Vegas February 2-4, 2022.

Chris and his fellow panelists will discuss the most frequent causes of stress leading up to trials from their perspectives as carriers and trial attorneys. They will provide an overview of the internal stressors leading up to trial, the preferred “dos and don’ts” for each stakeholder, and the ways the stakeholders can work as a team to minimize additional stress in what is an already stressful situation.

[Learn more and register.](#)

## Related people

Chris A. Bottcher